



Sheboygan Area School District
 Community Recreation Department
 607 So Water St 459-3773

Fitness Class Site Changes 2011 Fall

Cancelled Site

<u>Date</u>	<u>Day</u>	<u>Class</u>	<u>Time</u>	<u>Makeup Site</u>	<u>Instructor</u>
GRANT					
Oct. 12	Wed	Basic Beginnings	5:30-6:30pm	Cancelled	Kathy Anderson
JACKSON					
Sept. 15	Thur	Zumba	5:30-6:30pm	Farnsworth	Jennifer Beimel
Oct. 18	Tue	Zumba	5:30-6:30pm	Farnsworth	Jennifer Beimel
Oct. 20	Thur	Zumba	5:30-6:30pm	Farnsworth	Jennifer Beimel
Dec. 13	Tue	Zumba	5:30-6:30pm	Longfellow	Jennifer Beimel
JEFFERSON					
Nov. 15	Tue	Pilates	5:30-6:30pm	Cooper	Cheryl Muehleis
Nov. 17	Thur	Pilates	5:30-6:30pm	Cooper	Cheryl Muehleis
Dec.5	Mon	Basic Step	5:45-6:30pm	James Madison	Terrie Meyer
Dec.14	Wed	Basic Step	5:45-6:30pm	James Madison	Terrie Meyer
SHERDIAN					
Sept. 15	Thurs	Low Impact	5:30-6:30pm	Grant	Sandy Kasten
Oct. 6	Thurs	Low Impact	5:30-6:30pm	Grant	Sandy Kasten
Oct. 11	Tue	Low Impact	5:30-6:30pm	Cancelled	Sandy Kasten
Oct. 17	Mon	Dance & Tone	5:30-6:30pm	James Madison	Sandy Kasten
Dec. 12	Mon	Dance & Tone	5:30-6:30pm	James Madison	Sandy Kasten
ELC					
Oct. 11	Tue	Yoga	4:10-5:10pm	Jackson	Lynn Schultz
Dec. 6	Tue	Yoga	4:10-5:10pm	Jackson	Lynn Schultz

Please inform your class participants of the changes for the benefit of drop-ins and make ups! Please post by the heart rate or attendance charts at your facility!!